



**2016-2017**

Dixon School  
District #170



**Grades K-8**



## Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free & produced on sustainable farms!

### Category 1 Entree

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel w/Strawberry or Brown Sugar Cream Cheese or	Egg & Cheese Wrap or	Mini French Toast or	Cinnamon Roll or	Pancake on a Stick or
Breakfast Donut or	Iced Cinnamon Square or	Pop Tart or	Apple Frundel or	Breakfast Pizza or
Cereal Choice	Cereal Choice	Cereal Choice	Cereal Choice	Cereal Choice

**Breakfast \$ .80**

## "Meal Deal"

We offer a complete Breakfast!  
Entrée **Category 1**  
Fruit **Category 2**  
Fruit **Category 3**  
Milk **Category 4**

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!

### Category 1 - Alternate

Whole Grain Rich Cereal in a variety of flavors served with Vanilla Graham Bears.

### Category 2 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit.

You may have 2 servings of fruit, but you must have at least 1 serving.



### Category 3 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit.

You may have 2 servings of fruit, but you must have at least 1 serving.

### Category 4 - Choice of Milk

Fat Free Flavored, Fat Free White & 1% White



Arbor Management, Inc. is pleased to be the food service provider to Dixon School District 170.

We welcome your comments & suggestions - Tammy Wolf, Food Service Director @ 815-285-8855

