



APRIL 2018

Dixon School District #170
Reagan MS & Madison

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!

For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
Tammy Wolf
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815-285-8855

	Monday	Tuesday	Wednesday	Thursday	Friday
Includes fruit and vegetable choices, whole grain breads and rolls and milk. Daily Special	4/2 NO SCHOOL	4/3 *Pepperoni Pasta Bake w/Roll	4/4 Spicy Chicken Sandwich	4/5 Mini Corn Dogs	4/6 French Toast Sticks w/Syrup V
	4/9 *BBQ Rib Sandwich	4/10 Nachos Supreme w/Salsa	4/11 Chicken Quesadilla w/Salsa	4/12 Chicken Nuggets w/Roll	4/13 Macaroni & Cheese V
	4/16 Soft Shell Tacos w/Salsa	4/17 Jumbo Corn Dog	4/18 Salisbury Steak w/Roll & Mashed Potatoes Rainbow Treat	4/19 Sloppy Joes	4/20 Pancakes & Sausage w/Syrup
	4/23 Double Dog Day Chili Cheese Dog	4/24 Nachos Supreme w/Salsa	4/25 *Pepperoni Calzone w/Sauce	4/26 1/2 Day NO LUNCH SERVED	4/27 Cheesy Breadsticks V
	4/30 Chicken Strips w/Roll				

Fresh Fruit & Veggie Bar available daily with all lunches

Sandwich Selection
Crispy Chicken Sandwich
Grilled Burgers

Daily Pizza Selections	Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza V	Cheese Pizza V	Stuffed Crust Cheese V	Cheese Pizza V	Stuffed Crust Cheese V	
Pepperoni	Sausage	Pepperoni	Sausage	Pepperoni	

Wraps	Monday	Tuesday	Wednesday	Thursday	Friday
Buffalo Chicken Wrap	Turkey Bacon & Cheese Wrap	Turkey & Cheese Wrap	Spicy Buffalo Chicken Wrap	Turkey & Bacon Wrap	

Fresh Salads	Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Salad Mixed Garden V Salad	Green Garden V Salad With dressing	Crispy Chicken Salad Mixed Garden V Salad	Green Garden V Salad With dressing	Crispy Chicken Caesar Salad	

Lunch:
RMS \$2.65
Madison \$2.60
Milk .55

Comprehensive nutrition & allergy guides are available in the Foodservice Office.

Spring is in the air!
With spring comes the early beginnings of local, seasonal produce. Look for new spring options on the **FRUIT & VEGGIE BAR!** Go ahead, try it, you might like it!

V=vegetarian option available
*Contains or may contain pork ingredients.

