



Includes fruit and vegetable choices, whole grain breads and rolls and milk.

Daily Special

Monday	Tuesday	Wednesday	Thursday	Friday
1 Walking Taco w/Sour Cream	2 Homemade Taco Pizza	3 **Chicken Alfredo	4 Western BBQ Burger	5 Breadsticks w/Marinara Sauce
8 Chicago Style Hot Dog	9 Baked Cheese Quesadilla	10 BBQ Chicken Pizza	11 Chicken Nuggets w/Waffle	12 **Oven Baked Mac & Cheese
15 Grilled Chicken On a Pretzel Roll	16 *Bacon Cheeseburger	17 Rotini w/Meat Sauce	18 Chicken Parmesan Sandwich	19 NO SCHOOL
22 NO SCHOOL	23 *BBQ Rib Patty On a Roll	24 **Pepperoni* Pasta Bake	25 Crunchy Mini Corn Dogs	26 Garlic Flatbread Pizza
29 *Bacon Cheeseburger	30 **Salisbury Steak Mashed Potatoes			

**Fresh Fruit & Veggie Bar available daily with all lunches**

**Crispy Regular or Spicy Chicken Sandwich  
Grilled Burgers  
A Variety of Fresh Grab and Go salads and wraps**

Daily Choices

Daily Pizza Options

Cheese V	*Pepperoni	Cheese V	*Pepperoni	Cheese V
Crispy Chicken Wrap	*Ham & Cheese Wrap	Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ranch Chicken Wrap
Crispy Chicken Salad**	Caesar Salad **V	Buffalo Chicken Salad**	Chicken Caesar Salad**	Chef Salad**

Fresh Deli

Fresh Salads



V=Vegetarian option available  
 \*\*Served with a roll  
 \*Contains or may contain pork ingredients.  
 Menu changes are occasionally necessary. Notice will be given when possible.  
 This institution is an equal opportunity employer.



Dixon School District  
 #170  
 High School Lunch Menu  
 April 2019

**Lunch**  
**\$2.65**  
 Milk is included  
 With Meal

**Milk**  
**\$.55**  
 A Variety of Milk is  
 available daily

**Arbor A+ Nutrition Mission  
 To serve students daily:**

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*~Arbor Management~*

**Make Choices for a Healthy Lifestyle!**



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?  
 Tammy Wolf  
 twolf@dps170.org  
 815-285-8855

Comprehensive nutrition & allergy guides are available in the Foodservice Office.