



**2018-2019
AUGUST**

**Dixon School District
#170 Breakfast Menu**



Grades K-8



Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

Category 1 Entrée

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel w/Cream Cheese	Scrambled Egg & Cheese Wrap	Mini French Toast	Iced Cinnamon Roll	Pancake on a Stick
or	or	or	or	or
Breakfast Donut	Iced Cinnamon Square	Strawberry Pop Tart	Apple Frudel	Breakfast Pizza
or	or	or	or	or
Cereal Choice	Cereal Choice	Cereal Choice	Cereal Choice	Cereal Choice

Breakfast \$0.80

"Meal Deal"

We offer a complete Breakfast!
Entrée
Fruit Serving 1
Fruit Serving 2
Milk

**You can have all four items but
must choose 3 at a minimum and
one of those 3 must be fruit!**

Category 1 - Alternate Entrée

Whole Grain Rich Cereal in a variety of flavors served with Vanilla Graham Bears.



Category 2 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit.



You may have 2 servings of fruit, but you must have at least 1 serving.



Category 3 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit.

You may have 2 servings of fruit, but you must have at least 1 serving.

Category 4 - Choice of Milk

1% White or Skim Chocolate



Arbor Management, Inc. is pleased to be the food service provider to School District.

We welcome your comments and suggestions. Tammy Wolf, Food Service Manager @ 815-285-8855

