



Includes fruit and vegetable choices, whole grain breads and rolls and milk.

Daily Special

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20 <b>Welcome Back</b>	21	22	23	24
HALF DAY NO LUNCH SERVED	Bacon Cheeseburger	Rotini w/Meat Sauce	Chicken Parmesan Sandwich	Buffalo Chicken Pizza
27	28	29	30	31
Meatball Bomber Sub	BBQ *Rib Patty on a Roll	**Baked Penne Pasta	Mini Corn Dogs	Oven Baked 3 Cheese Pizza

**Fresh Fruit & Veggie Bar available daily with all lunches**

**Crispy Regular or Spicy Chicken Sandwich  
Grilled Burgers  
A Variety of Fresh Grab and Go salads and wraps**

Daily Choices

Daily Pizza Options

Cheese V	*Pepperoni	Cheese V	*Pepperoni	Cheese V
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Fresh Deli

Crispy Chicken Wrap	*Ham & Cheese Wrap	Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ranch Chicken Wrap
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Fresh Salads

Crispy Chicken Salad**	Caesar Salad **V	Buffalo Chicken Salad**	Chicken Caesar Salad**	Chef Salad**
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V=Vegetarian option available  
 \*\*Served with a roll  
 \*Contains or may contain pork ingredients.  
 Menu changes are occasionally necessary. Notice will be given when possible.



## Dixon High School AUGUST 2018

**Lunch**  
\$2.65

**Milk**  
.55

**Arbor A+ Nutrition Mission  
To serve students daily:**

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*~Arbor Management~*

**Make Choices for a Healthy Lifestyle!**



For more information or to "Ask the Dietitian", check out our website!

**Questions about the menu?**  
 Tammy Wolf  
 twolf@dps170.org  
 815-285-8855

**Comprehensive nutrition & allergy guides are available in the Foodservice Office.**