



Daily Special
Includes fruit and vegetable choices,
whole grain breads and rolls and milk.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20 Welcome Back	21	22	23	24
HALF DAY NO LUNCH SERVED	Fiesta Nachos Supreme	Alfredo Chicken Bake w/Garlic Bread	Crispy Chicken Tenders** w/Dipping Sauce	Stuffed Italian Pizza w/Marinara
27	28	29	30 Breakfast For Lunch	31
*Pepperoni Calzone	Walking Tacos w/Shredded Cheese	Home Style Popcorn Chicken Bowl	Pancakes w/*Sausage & Syrup	Pizza Dippers w/Garden Marinara

Fresh Fruit & Veggie Bar available daily with all lunches

Crispy Chicken Sandwich
Grilled Burgers
A Variety of Fresh Grab and Go salads and wraps

Daily Choices
Daily Pizza Options
Fresh Deli
Fresh Salads

Cheese V	*Pepperoni	Cheese V	*Pepperoni	Cheese V
Crispy Chicken Wrap	*Ham & Cheese Wrap	Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ranch Chicken Wrap
Crispy Chicken Salad**	Caesar Salad **V	Buffalo Chicken Salad**	Chicken Caesar Salad**	Chef Salad**



V=Vegetarian option available
**Served with a roll
*Contains or may contain pork ingredients.
Menu changes are occasionally necessary. Notice will be given when possible.



Reagan/Madison
August 2018

Lunch
RMS \$2.65
Madison
\$2.60

Milk
.55

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!

For more information or to "Ask the Dietitian", check out our website!

arbor online
arbormgt.com

Questions about the menu?
Tammy Wolf
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Comprehensive nutrition & allergy guides are available in the Foodservice Office.