

# December

# 2017

## Dixon School District 170 ELEMENTARY Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Sandwich Or Hot Dog Seasoned Green Beans Baby Carrots w/Dip Banana
4 Chicken Nuggets w/Dinner Roll Or Jumbo Corn Dog Steamed Broccoli Seasoned Green Beans Applesauce	5 Pepperoni Pizza Or Chicken Sandwich Sweet Potato Puffs Golden Corn Peaches	6 Nachos Supreme Or Salisbury Steak w/Gravy & Roll Mashed Potatoes Black Beans Mandarin Oranges	7 <b>LUCKY TRAY DAY</b> Pancakes w/Syrup & *Sausage Patty Or Hot Ham & Cheese Seasoned Green Beans Glazed Carrots Banana	8 Pizza Dippers w/Sauce Or Cheeseburger Garden Peas Shredded Lettuce w/Dressing Pineapple
11 <b>DING FOR DESSERT</b> Cheese Pizza Or Chicken Sandwich Seasoned Green Beans Golden Corn Strawberries	12 <b>National Pickle Day</b> Mini Corn Dogs Or Popcorn Chicken Steamed Broccoli Glazed Carrots Applesauce Pickle Spear	13 French Toast Sticks w/Syrup Or Ravioli w/Garlic Bread Sweet Potato Puffs *Baked Beans 100% Fruit Juice	14 Chicken Nuggets w/Roll Or Hot Dog Mashed Potatoes w/Gravy Cucumbers Pears	15 <b>National Cupcake Day</b> Nachos Supreme Or Chicken Strips w/BBQ Sauce Black Beans Baby Carrots w/Dip Peaches
18 Cheeseburger Or Starfish Nuggets w/Goldfish Crackers Glazed Carrots Garden Peas Chilled Applesauce <b>Cookie</b>	19 <b>LUCKY TRAY DAY</b> Chicken Nuggets Or Macaroni & Cheese w/Cinnamon Goldfish Steamed Broccoli Cherry Tomatoes Pears	20 Chicken Sandwich Or Mini Corn Dogs *Baked Beans Potato Wedges Peaches	21 2 Waffles & Sausage w/Syrup Or Walking Taco w/Fritos Corn Chips Golden Corn Shredded Lettuce Pears	22          <b>WINTER BREAK</b>
25	26	27	28	29
<h1>WINTER BREAK</h1>				

**Farm Fresh Produce**  
featuring... **Squash**  
Squash contains healthy fats Omega-3  
and Omega-6 that your brain and  
nerves need to talk to your body.

**Available Daily  
STUDENT SALADS**

TURKEY & CHEESE SUB

PB&J

FRUIT & VEGGIES WITH  
EVERY MEAL!

**Lunch \$2.60**  
(Milk included with meal)

**Milk 55¢**

Offered Daily:  
Fat Free Flavored  
Fat Free White  
1% White

**DECEMBER 15th**

**GET A FREE CUPCAKE  
WITH A HOT LUNCH.  
IT IS NATIONAL  
CUPCAKE DAY!**

**Questions**

Call Tammy Wolf  
Food Service Director  
815-285-8855

Menu changes may be necessary. Notice will be given when possible.

**A comprehensive Nutrition & Allergy Guide  
is available in the Food Service Office.**

For more information  
or to "Ask the Dietitian",  
check out our website!

Arbor Online  
arboronline.com

(\*) Contains Pork