

January

2018

Dixon School District 170 ELEMENTARY Lunch Menu



Farm Fresh Produce
featuring... **Blueberries**
Did you know freezing blueberries and other produce helps to keep the nutrients inside?

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<h1>WINTER BREAK</h1>				
8 Chicken Nuggets w/Dinner Roll Or Jumbo Corn Dog Steamed Broccoli Seasoned Green Beans Applesauce	9 Pepperoni Pizza Or Chicken Sandwich Sweet Potato Puffs Golden Corn Peaches	10 Nachos Supreme Or Salisbury Steak w/Gravy & Roll Mashed Potatoes Black Beans Mandarin Oranges	11 LUCKY TRAY DAY Pancakes w/Syrup & *Sausage Patty Or Hot Ham & Cheese Seasoned Green Beans Glazed Carrots Banana	12 Pizza Dippers w/Sauce Or Cheeseburger Garden Peas Shredded Lettuce w/Dressing Pineapple
15 NO SCHOOL MARTIN LUTHER KING DAY	16 Strawberry Ice Cream Mini Corn Dogs Or Popcorn Chicken Steamed Broccoli Glazed Carrots Applesauce Pickle Spear	17 French Toast Sticks w/Syrup Or Ravioli w/Garlic Bread Sweet Potato Puffs *Baked Beans 100% Fruit Juice	18 DING FOR DESSERT Chicken Nuggets w/Roll Or Hot Dog Mashed Potatoes w/Gravy Cucumbers Pears	19 Nachos Supreme Or Chicken Strips w/BBQ Sauce Black Beans Baby Carrots w/Dip Peaches
22 Cheeseburger Or Starfish Nuggets w/Goldfish Crackers Glazed Carrots Garden Peas Chilled Applesauce Cookie	23 LUCKY TRAY DAY Chicken Nuggets Or Macaroni & Cheese w/Cinnamon Goldfish Steamed Broccoli Cherry Tomatoes Pears	24 Chicken Sandwich Or Mini Corn Dogs *Baked Beans Potato Wedges Peaches	25 2 Waffles & Sausage w/Syrup Or Walking Taco w/Fritos Corn Chips Golden Corn Shredded Lettuce Pears	26 Pizza Dippers w/Dipping Sauce Or Spaghetti & Meat Sauce w/Roll Seasoned Green Beans Baby Carrots w/Dip Chilled Applesauce
29 Cheese Pizza Or BBQ *Rib Sandwich Crinkle Fries Garden Peas Chilled Applesauce	30 Nachos Supreme Or Chicken Nuggets Golden Corn Pinto Beans Mandarin Oranges	31 HALF DAY NO LUNCH SERVED		

**Available Daily
STUDENT SALADS**

TURKEY & CHEESE SUB

PB&J

FRUIT & VEGGIES WITH EVERY MEAL!

Lunch \$2.60
(Milk included with meal)

Milk 55¢

Offered Daily:
Fat Free Flavored
Fat Free White
1% White

**JANUARY 16th
NATIONAL STRAWBERRY
ICE CREAM DAY**

Get Strawberry Ice Cream w/Hot Lunch Purchase.

Questions

Call Tammy Wolf
Food Service Director
815-285-8855

Menu changes may be necessary. Notice will be given when possible.

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork