

Base Menu Spreadsheet

Portion Values

Aug 14, 2017 thru Aug 31, 2017

Menu Name: Dixon Elementary Lunch

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 08/15/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990142 Pepperoni Pizza, Stuffed Crust, The Max, 35g	Slice	40	330	4.50	870	*N/A*	14.00	0.00	20	35.00	4.00	17.00	300	250.0	0.00	0.00
990048 Crispy Chicken Sandwich	Each	40	333	1.53	637	*N/A*	10.14	0.00	31	39.22	5.03	21.26	102	40.3	85.45	2.91
990143 Sweet Potato Mini tater Puffs, Lamb Weston, 23g	3 oz.	40	132	0.00	202	*N/A*	3.54	0.00	0	23.29	2.02	1.01	3037	20.2	3.64	0.36
990032 Corn, Golden Sweet	2 Ounces	100	47	0.00	0	1	0.33	0.00	0	12.00	1.33	2.00	133	0.0	4.00	0.24
990100 Unsweetened Applesauce Cup	Each	100	50	0.00	10	*N/A*	0.00	0.00	0	13.00	2.00	0.00	0	0.0	60.00	0.00
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	50	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	50	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	50	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	50	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			649	4.28	1242	*12	17.57	*0.00	33	96.94	9.04	30.64	2603	451.6	106.66	2.35
% of Calories				5.94%		*7.4%	24.4%	*0.0%		59.7%		18.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 08/16/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990145 Nacho Supreme, Arbor A-10g	Each	40	448	3.95	689	*0	26.54	*0.00	37	39.67	3.00	18.77	220	311.4	0.00	1.74
990095 Salisbury Steak	1 Steak	40	140	4.00	250	1	10.00	0.00	30	3.00	1.00	10.00	0	20.0	1.20	1.08
990094 Gravy, Beef Mix, Legout, 0g	1 tbsp	40	15	0.00	270	*N/A*	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
990042 Roll, WG, Rubschlager, 13g	Each	40	60	0.00	140	*N/A*	1.00	0.00	0	13.00	2.00	2.00	0	20.0	0.00	0.72
990093 Mashed Potatoes, Pearls, 17g	1/4 Cup	40	90	0.00	410	*N/A*	1.50	0.00	0	17.00	1.00	2.00	0	0.0	9.00	0.36
990144 Black Beans, LS, Mothers Maid, 18g	1/2 Cup	100	24	0.00	33	*N/A*	0.00	0.00	0	4.29	1.43	1.67	0	9.5	0.00	0.64
000437 PEACHES: canned,light syrup	1/2 Cup	100	68	0.00	6	17	0.04	0.00	0	18.26	1.63	0.56	444	3.8	3.01	0.45
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			599	5.05	1063	*27	21.71	*0.00	39	77.66	6.89	27.98	1501	475.5	12.36	3.29
% of Calories				7.59%		*18.0%	32.6%	*0.0%		51.9%		18.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 08/17/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990081 Pancakes, WG, Aunt Jemima, 14g	2 Pancakes	40	140	0.00	220	*N/A*	4.00	0.00	0	28.00	2.00	4.00	0	0.0	0.00	1.44
000349 SYRUP,PANCAKE	1 TBSP	40	46	0.00	16	4	0.00	*N/A*	0	12.06	0.00	0.00	0	0.6	0.00	0.01
990084 Turkey Sausage Patty, 1.03 oz, Jennie-O	Each	40	60	1.00	100	*N/A*	4.00	0.00	30	0.00	0.00	6.00	0	20.0	0.00	0.36
990146 Hot Ham & Cheese Sandwich, Arbor B-32	Each	40	312	5.75	1070	*N/A*	12.88	0.00	48	29.50	3.00	17.75	300	170.0	0.00	1.08
990055 Seasoned Green Beans	1/4 Cup	100	60	0.03	148	*1	0.11	0.00	0	13.08	3.51	2.12	200	51.3	5.34	1.26
990148 Glazed Carrots, Arbor E-3	1/4 Cup	30	71	3.54	197	*N/A*	5.68	*0.00	15	4.08	1.00	0.06	2675	23.0	0.00	0.02

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000438 PEARS: canned,light syrup	1/2 Cup	100	143	0.00	13	30	0.08	0.00	0	38.08	4.02	0.48	0	12.6	1.76	0.70
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			654	5.65	1102	*42	16.29	*0.00	48	106.25	10.86	26.35	2091	468.6	12.36	3.77
% of Calories				7.78%		*25.7%	22.4%	*0.0%		65.0%		16.1%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 08/18/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990057 Pizza Dippers, The Max, 16g	1 Each	40	300	5.00	780	*N/A*	14.00	0.00	10	32.00	4.00	14.00	0	300.0	0.00	1.44

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990058 Marinara Sauce, Red Pack	1/4 Cup	40	25	0.00	210	*N/A*	0.75	0.00	0	4.50	1.00	1.00	250	10.0	4.50	0.36
990031 Cheeseburger on WG Bun, Arbor B-1	1 Each	40	408	8.65	919	*N/A*	20.61	0.59	64	29.62	4.27	25.00	300	200.0	0.00	2.88
990046 Peas, Frozen, Simplot Classic	1/4 Cup	100	30	0.00	0	*N/A*	0.00	0.00	0	5.00	2.00	2.00	200	0.0	6.00	0.54
990113 Shredded Lettuce (Walking Taco)	tbs	100	10	0.00	5	*N/A*	0.05	0.00	0	1.50	0.60	0.45	250	9.0	1.41	0.21
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990147 Banana, Petite, 160 ct.	Banana	100	110	0.00	0	*N/A*	0.00	0.00	0	29.00	4.00	1.00	0	0.0	9.00	0.00
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			649	7.32	1088	*10	20.25	*0.24	42	87.99	11.34	32.09	1638	534.6	23.48	3.26
% of Calories				10.15%		*6.2%	28.1%	*0.3%		54.2%		19.8%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

Monday - 08/21/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990085 Cheese Pizza, WG, The MAX, 37g	Each	40	280	3.00	560	*N/A*	8.00	0.00	15	37.00	4.00	16.00	400	300.0	0.00	3.60
990048 Crispy Chicken Sandwich	Each	40	333	1.53	637	*N/A*	10.14	0.00	31	39.22	5.03	21.26	102	40.3	85.45	2.91
990055 Seasoned Green Beans	1/4 Cup	100	60	0.03	148	*1	0.11	0.00	0	13.08	3.51	2.12	200	51.3	5.34	1.26
990032 Corn, Golden Sweet	2 Ounces	100	47	0.00	0	1	0.33	0.00	0	12.00	1.33	2.00	133	0.0	4.00	0.24
000437 PEACHES: canned,light syrup	1/2 Cup	100	68	0.00	6	17	0.04	0.00	0	18.26	1.63	0.56	444	3.8	3.01	0.45
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			626	3.70	953	*28	13.79	*0.00	31	99.87	11.12	32.23	1947	512.8	51.80	5.20
% of Calories				5.32%		*17.9%	19.8%	*0.0%		63.8%		20.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 08/22/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990030 Corn Dog, Mini, Turkey, WG, House Rae	6 Each	40	290	3.50	380	*N/A*	14.00	0.00	55	30.00	3.00	10.00	0	100.0	0.00	1.80
990090 Popcorn Chicken, GoldKist, 15g	10 Each	40	280	3.00	490	*N/A*	16.00	0.00	55	15.00	2.00	18.00	0	0.0	0.00	1.08
000258 BROCCOLI: frozen, boiled	CUP	100	52	0.03	20	3	0.22	0.00	0	9.84	5.52	5.70	1860	60.7	73.78	1.12
990148 Glazed Carrots, Arbor E-3	1/4 Cup	100	71	3.54	197	*N/A*	5.68	*0.00	15	4.08	1.00	0.06	2675	23.0	0.00	0.02
990100 Unsweetened Applesauce Cup	Each	100	50	0.00	10	*N/A*	0.00	0.00	0	13.00	2.00	0.00	0	0.0	60.00	0.00
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			607	8.03	895	*12	23.96	*0.00	72	70.97	11.55	29.61	5504	445.3	139.05	2.93
% of Calories				11.91%		*7.9%	35.5%	*0.0%		46.8%		19.5%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 08/23/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990064 French Toast Stick, WG, Papettis	3 Each	40	113	1.24	300	*N/A*	4.18	0.00	119	25.21	2.71	8.70	170	79.1	0.00	1.63
990150 Ravioli, Meat Sauce, Chef Boyardi, 15g	1/2 Cup	40	130	1.75	300	*N/A*	4.00	0.00	12	15.00	2.00	8.00	150	20.0	0.00	1.35
990091 Cheesy Garlic Bread, Tonys, 35g	2 Each	20	300	4.00	550	*N/A*	12.00	0.00	15	35.00	4.00	16.00	400	300.0	0.00	2.70
990143 Sweet Potato Mini tater Puffs, Lamb Weston, 23g	3 oz.	100	132	0.00	202	*N/A*	3.54	0.00	0	23.29	2.02	1.01	3037	20.2	3.64	0.36
990149 Baked Beans, w/ Pork, (DIXON), 22g	1/2 Cup	80	120	0.50	550	*N/A*	1.50	0.00	5	22.00	5.00	6.00	0	40.0	0.00	1.80
990047 Juice, 100% Fruit, Ardmore	1/2 Cup	100	60	0.00	10	*N/A*	0.00	0.00	0	14.00	0.00	0.00	0	0.0	3.60	0.00
990036 Salad, Crispy Chicken	Each	1	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			640	4.20	1297	*10	16.02	*0.00	71	102.78	9.57	27.54	3867	470.8	8.89	4.05
% of Calories				5.91%		*6.2%	22.5%	*0.0%		64.2%		17.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 08/24/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990062 Chicken Nuggets, GoldKist	4 Each	40	258	2.97	347	*N/A*	13.87	0.00	64	14.86	1.98	16.85	99	19.8	107.03	1.43
990042 Roll, WG, Rubschlager, 13g	Each	40	60	0.00	140	*N/A*	1.00	0.00	0	13.00	2.00	2.00	0	20.0	0.00	0.72
990106 Hot Dog, Turkey, WG, Arbor B-6	Each	40	260	3.00	930	*N/A*	11.00	0.00	35	31.00	2.00	12.00	0	80.0	2.40	1.80
990093 Mashed Potatoes, Pearls, 17g	1/4 Cup	40	90	0.00	410	*N/A*	1.50	0.00	0	17.00	1.00	2.00	0	0.0	9.00	0.36

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990094 Gravy, Beef Mix, Legout, 0g	1 tbsp	40	15	0.00	270	*N/A*	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000377 CUCUMBER,RAW	2 OZ	100	7	0.01	1	1	0.09	0.00	0	1.22	0.40	0.34	41	7.9	1.81	0.12
000438 PEARS: canned,light syrup	1/2 Cup	100	143	0.00	13	30	0.08	0.00	0	38.08	4.02	0.48	0	12.6	1.76	0.70
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			629	4.26	1172	*41	17.17	*0.00	52	95.69	8.24	26.59	1049	390.0	56.21	3.19
% of Calories				6.10%		*26.1%	24.6%	*0.0%		60.9%		16.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 08/25/2017

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990145 Nacho Supreme, Arbor A-10g	Each	40	448	3.95	689	*0	26.54	*0.00	37	39.67	3.00	18.77	220	311.4	0.00	1.74
990079 Chicken Strips, WG, Tyson, 17g	8 Strips	40	260	2.50	390	*N/A*	15.00	0.00	25	17.00	3.00	15.00	100	40.0	0.00	2.70
990144 Black Beans, LS, Mothers Maid, 18g	1/2 Cup	50	24	0.00	33	*N/A*	0.00	0.00	0	4.29	1.43	1.67	0	9.5	0.00	0.64
990033 Carroteenies, Packer	1.6 Ounce	100	15	0.00	35	*N/A*	0.00	0.00	0	4.00	1.00	0.00	3000	0.0	0.00	0.00
990151 Mandarin Oranges, Fancy, (DIXON), 20g	1/2 Cup	100	90	0.00	20	*N/A*	0.00	0.00	0	20.00	1.00	1.00	300	20.0	21.00	0.36
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			607	4.44	823	*10	22.67	*0.00	37	74.86	6.14	27.98	4396	486.9	26.27	3.10
% of Calories				6.58%		*6.6%	33.6%	*0.0%		49.3%		18.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

Monday - 08/28/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc (mg)	Vit-C (mg)	Iron (mg)
990031 Cheeseburger on WG Bun, Arbor B-1	1 Each	40	408	8.65	919	*N/A*	20.61	0.59	64	29.62	4.27	25.00	300	200.0	0.00	2.88
990152 Fish Nuggets, Samband, 21g	4 Each	40	220	1.50	760	*N/A*	9.00	0.00	30	21.00	2.00	13.00	0	40.0	0.00	1.44
990153 Goldfish Cracker, Cheddar, Pep Farm, 14g	Each	40	100	1.00	170	*N/A*	3.50	0.00	5	14.00	1.00	3.00	0	20.0	0.00	0.36
990148 Glazed Carrots, Arbor E-3	1/4 Cup	100	71	3.54	197	*N/A*	5.68	*0.00	15	4.08	1.00	0.06	2675	23.0	0.00	0.02
990046 Peas, Frozen, Simplot Classic	1/4 Cup	100	30	0.00	0	*N/A*	0.00	0.00	0	5.00	2.00	2.00	200	0.0	6.00	0.54
990100 Unsweetened Applesauce Cup	Each	100	50	0.00	10	*N/A*	0.00	0.00	0	13.00	2.00	0.00	0	0.0	60.00	0.00
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			649	9.86	1266	*10	24.98	*0.24	68	73.97	8.94	31.10	3963	448.6	71.27	3.07
% of Calories				13.67%		*6.2%	34.6%	*0.3%		45.6%		19.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 08/29/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990062 Chicken Nuggets, GoldKist	4 Each	40	258	2.97	347	*N/A*	13.87	0.00	64	14.86	1.98	16.85	99	19.8	107.03	1.43
500116 MACARONI AND CHEESE	2/3 CUP	40	296	6.82	896	*N/A*	12.18	*N/A*	31	27.44	0.89	19.64	684	482.0	0.38	1.02
990153 Goldfish Cracker, Cheddar, Pep Farm, 14g	Each	40	100	1.00	170	*N/A*	3.50	0.00	5	14.00	1.00	3.00	0	20.0	0.00	0.36
000256 BROCCOLI,raw: fresh	1/4 Cup	100	31	0.04	30	2	0.34	0.00	0	6.04	2.37	2.57	567	42.8	81.17	0.66
990059 Tomato, Cherry, Packer	1/4 Cup	100	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
000438 PEARS: canned,light syrup	1/2 Cup	100	143	0.00	13	30	0.08	0.00	0	38.08	4.02	0.48	0	12.6	1.76	0.70
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			654	6.24	938	*42	18.32	*0.00	53	95.69	9.91	32.02	2098	596.1	134.16	3.84
% of Calories				8.59%		*25.7%	25.2%	*0.0%		58.5%		19.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 08/30/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990048 Crispy Chicken Sandwich	Each	40	333	1.53	637	*N/A*	10.14	0.00	31	39.22	5.03	21.26	102	40.3	85.45	2.91
990030 Corn Dog, Mini, Turkey, WG, House Rae	6 Each	40	290	3.50	380	*N/A*	14.00	0.00	55	30.00	3.00	10.00	0	100.0	0.00	1.80
990149 Baked Beans, w/ Pork, (DIXON), 22g	1/2 Cup	40	120	0.50	550	*N/A*	1.50	0.00	5	22.00	5.00	6.00	0	40.0	0.00	1.80
990154 Tri Tater, Potato, 2 oz.	Each	50	100	1.50	230	*N/A*	45.00	0.00	0	12.00	1.00	1.00	0	0.0	1.20	0.36
000437 PEACHES: canned,light syrup	1/2 Cup	100	68	0.00	6	17	0.04	0.00	0	18.26	1.63	0.56	444	3.8	3.01	0.45
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
Weighted Daily Average			621	4.82	1068	*26	38.85	*0.00	49	86.79	8.37	28.61	1453	397.5	43.06	3.87
% of Calories				6.99%		*16.7%	56.3%	*0.0%		55.9%		18.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 08/31/2017

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990080 Waffle Stick, WG, Belgian Chef, 27	2 Sticks	40	140	0.00	250	*N/A*	2.00	0.00	0	27.00	2.00	4.00	0	20.0	0.00	1.08
990084 Turkey Sausage Patty, 1.03 oz, Jennie-O	Each	40	60	1.00	100	*N/A*	4.00	0.00	30	0.00	0.00	6.00	0	20.0	0.00	0.36
990112 Walking Taco Frito Bowl	Bag	40	342	8.46	466	*N/A*	22.04	0.00	51	19.54	4.01	17.12	655	260.3	3.04	1.54
990032 Corn, Golden Sweet	2 Ounces	100	47	0.00	0	1	0.33	0.00	0	12.00	1.33	2.00	133	0.0	4.00	0.24

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990113 Shredded Lettuce (Walking Taco)	tbs	40	10	0.00	5	*N/A*	0.05	0.00	0	1.50	0.60	0.45	250	9.0	1.41	0.21
990147 Banana, Petite, 160 ct.	Banana	100	110	0.00	0	*N/A*	0.00	0.00	0	29.00	4.00	1.00	0	0.0	9.00	0.00
990036 Salad, Crispy Chicken	Each	5	286	1.53	638	*N/A*	11.45	0.00	31	30.91	4.33	19.80	8657	68.3	90.55	3.06
990108 Turkey and Cheese Sub, Arbor B-35a	Each	5	310	5.50	990	*N/A*	12.50	0.00	50	29.00	3.00	20.00	300	210.0	0.00	1.44
990141 Peanut Butter & Jelly, WW, Arbor B-36b	Sandwich	10	700	7.00	570	*N/A*	36.00	0.00	0	72.00	6.00	24.00	0	40.0	0.00	2.16
990034 Dressing, Buttermilk Ranch, FF, Packets	1 Each	10	10	0.00	125	*N/A*	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
500014 BARBECUE SAUCE	2 TBSP	10	48	0.02	309	*N/A*	0.10	*N/A*	0	12.48	0.40	0.45	261	10.0	4.00	0.30
000223 MUSTARD: individual PC	Pkt 5g	10	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
000222 KETCHUP: individual	Pkt 6g	10	9	0.00	82	2	0.01	0.00	0	2.47	0.03	0.09	47	1.4	0.37	0.03
000230 MILK,1% Lowfat	HALF PINT	50	102	1.54	107	13	2.37	*N/A*	12	12.18	0.00	8.22	478	305.0	0.00	0.07
990040 Milk, Chocolate, Skim, Prairie Farms	Each	25	110	0.00	180	*N/A*	0.00	0.00	5	20.00	0.00	8.00	500	300.0	1.20	0.40
000231 MILK,Skim	HALF PINT	25	83	0.14	103	12	0.20	*N/A*	5	12.15	0.00	8.26	500	298.9	0.00	0.07
000349 SYRUP,PANCAKE	1 TBSP	1	46	0.00	16	4	0.00	*N/A*	0	12.06	0.00	0.00	0	0.6	0.00	0.01
Weighted Daily Average			584	5.65	649	*11	17.63	*0.00	45	86.38	9.01	26.66	1464	445.3	20.05	2.15
% of Calories				8.71%		*7.5%	27.2%	*0.0%		59.2%		18.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Aug 14, 2017 thru Aug 31, 2017

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.