

November

2017

Dixon School District 170 ELEMENTARY Lunch Menu



Farm Fresh Produce
featuring... **Sweet Potatoes**
Sweet potatoes are high in vitamin C.
Did you know vitamin C helps our body absorb iron?

Monday	Tuesday	Wednesday	Thursday	Friday
		1 DING FOR DESSERT Jumbo Corn Dog Or Cheeseburger *Baked Beans Cherry Tomatoes 100% Fruit Juice Pickle Spear	2 Cookie Monsters Day 2 Soft Tacos Or Grilled Cheese Steamed Broccoli Shredded Lettuce w/Dressing Peaches	3 Chicken Sandwich Or Hot Dog Seasoned Green Beans Baby Carrots w/Dip Banana
6 Chicken Nuggets w/Dinner Roll Or Jumbo Corn Dog Steamed Broccoli Seasoned Green Beans Applesauce	7 Pepperoni Pizza Or Chicken Sandwich Sweet Potato Puffs Golden Corn Peaches	8 Nachos Supreme Or Salisbury Steak w/Gravy & Roll Mashed Potatoes Black Beans Mandarin Oranges	9 LUCKY TRAY DAY Pancakes w/Syrup & *Sausage Patty Or Hot Ham & Cheese Seasoned Green Beans Glazed Carrots Banana	10 Pizza Dippers w/Sauce Or Cheeseburger Garden Peas Shredded Lettuce w/Dressing Pineapple
13 DING FOR DESSERT Cheese Pizza Or Chicken Sandwich Seasoned Green Beans Golden Corn Strawberries	14 National Pickle Day Mini Corn Dogs Or Popcorn Chicken Steamed Broccoli Glazed Carrots Applesauce	15 French Toast Sticks w/Syrup Or Ravioli w/Garlic Bread Sweet Potato Puffs *Baked Beans 100% Fruit Juice	16 Chicken Nuggets w/Roll Or Hot Dog Mashed Potatoes w/Gravy Cucumbers Pears	17 Nachos Supreme Or Chicken Strips w/BBQ Sauce Black Beans Baby Carrots w/Dip Peaches Blueberries
20 Cheeseburger Or Starfish Nuggets w/Goldfish Crackers Glazed Carrots Garden Peas Chilled Applesauce Cookie	21 LUCKY TRAY DAY Chicken Nuggets Or Macaroni & Cheese w/Cinnamon Goldfish Steamed Broccoli Cherry Tomatoes Pears	22 NO SCHOOL	23 THANKSGIVING NO SCHOOL	24 NO SCHOOL
27 DING FOR DESSERT Cheese Pizza Or BBQ *Rib Sandwich Crinkle Fries Garden Peas Chilled Applesauce	28 Nachos Supreme Or Chicken Nuggets Golden Corn Pinto Beans Mandarin Oranges	29 Jumbo Corn Dog Or Cheeseburger *Baked Beans Cherry Tomatoes 100% Fruit Juice Pickle Spear	30 2 Soft Tacos Or Grilled Cheese Steamed Broccoli Shredded Lettuce w/Dressing Peaches	

Available Daily
STUDENT SALADS

TURKEY & CHEESE SUB

PB&J

FRUIT & VEGGIES WITH
EVERY MEAL!

Lunch \$2.60
(Milk included with meal)

Milk 55¢

Offered Daily:
Fat Free Flavored
Fat Free White
1% White

**ON NOV 2ND GET A
FREE COOKIE WITH A
HOT LUNCH FOR
COOKIE MONSTER'S
BIRTHDAY.**

Questions

Call Tammy Wolf
Food Service Director
815-285-8855

Menu changes may be necessary. Notice will be given when possible.

**A comprehensive Nutrition & Allergy Guide
is available in the Food Service Office.**

For more information
or to "Ask the Dietitian",
check out our website!

(*) Contains Pork