

October

2017

Dixon School District 170 ELEMENTARY Lunch Menu

arbor Management Inc.



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Pizza Or BBQ *Rib Sandwich Crinkle Fries Garden Peas Chilled Applesauce Pickle Spear	3 Nachos Supreme Or Chicken Nuggets Golden Corn Pinto Beans Mandarin Oranges	4 DING FOR DESSERT SCHOOL IMPROVEMENT DAY 1/2 DAY NO LUNCH SERVED	5 2 Soft Tacos Or Grilled Cheese Steamed Broccoli Shredded Lettuce w/Dressing Peaches	6 INSTITUTE DAY NO SCHOOL
9 COLUMBUS DAY NO SCHOOL	10 Pepperoni Pizza Or Chicken Sandwich Sweet Potato Puffs Golden Corn Peaches	11 Nachos Supreme Or Salisbury Steak w/Gravy & Roll Mashed Potatoes Black Beans Applesauce	12 LUCKY TRAY DAY Pancakes w/Syrup & *Sausage Patty Or Hot Ham & Cheese Sandwich Seasoned Green Beans Glazed Carrots Banana	13 Pizza Dippers w/Dipping Sauce Or Cheeseburger Garden Peas Shredded Lettuce w/Dressing Pineapple
16 Cheese Pizza Or Chicken Sandwich Seasoned Green Beans Golden Corn Pears	17 Mini Corn Dogs Or BBQ *Rib Sandwich Steamed Broccoli Glazed Carrot Applesauce COOKIE	18 French Toast Sticks w/Syrup Or Ravioli w/Garlic Bread Sweet Potato Puffs *Baked Beans 100% Fruit Juice	19 Chicken Nuggets w/Roll Or Hot Dog Mashed Potatoes w/Gravy Cucumbers Pears	20 LUCKY TRAY DAY Nachos Supreme Or Chicken Strips w/Dipping Sauce Black Beans Baby Carrots w/Dip Blueberries
23 Cheeseburger Or Starfish Nuggets w/Goldfish Crackers Glazed Carrots Garden Peas Applesauce	24 DING FOR DESSERT Chicken Nuggets Or Macaroni & Cheese w/Cheddar Goldfish Steamed Broccoli Cherry Tomatoes Banana	25 Chicken Sandwich Or Mini Corn Dogs *Baked Beans Potato Wedges Peaches	26 2 Waffles & *Sausage w/Syrup Or Walking Taco w/Fritos Corn Chips Golden Corn Shredded Lettuce Pears	27 Chocolate Dessert Pizza Dippers w/Dipping Sauce Or Spaghetti & Meat Sauce w/Roll Seasoned Green Beans Baby Carrots w/Dip Mandarin Oranges
30 DING FOR DESSERT Cheese Pizza Or BBQ *Rib Sandwich Crinkle Fries Garden Peas Chilled Applesauce	31 Nachos Supreme Or Chicken Nuggets Golden Corn Pinto Beans Mandarin Oranges			

Farm Fresh Produce
 featuring... **Pumpkin**
 The carotenoids in pumpkins give them their orange color, just like with carrots!

Available Daily
STUDENT SALADS

TURKEY & CHEESE SUB
 PB&J

FRUIT & VEGGIES WITH EVERY MEAL!
Lunch \$2.60
 (Milk included with meal)
Milk 55¢
 Offered Daily:
 Fat Free Flavored
 Fat Free White
 1% White

Buy a hot lunch on the 27th & get a chocolate dessert for National Chocolate Day on the 28th!!

Questions
 Call Tammy Wolf
 Food Service Director
 815-285-8855
 Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
 For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork