



Includes fruit and vegetable choices, whole grain breads and rolls and milk.

Daily Special

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	Fiesta Nachos Supreme	Home Style Chicken & Noodles w/Biscuit	French Toast Sticks w/Sausage & Syrup	Cheesy Breadstick w/Marinara Sauce
9	10	11	12	13
Parmesan Chicken Melt	Soft Shell Tacos w/Shredded Cheese	Italian Spaghetti & Meatballs** w/Garlic Bread	Mini Corn Dogs w/Spicy Ketchup	Cheezy Garlic Flatbread
16	17	18	19	20
Chicken Nuggets w/Waffle & Syrup	Taco Pretzel w/Taco Meat & Cheese	Char Broiled Salisbury Steak**	HALF DAY NO LUNCH SERVED	Chili Cheese Hot Dog
23	24	25	26	27
Sloppy Joe On a Bun	Fiesta Nachos Supreme	Alfredo Chicken Bake w/Garlic Bread	Crispy Chicken Tenders** W/Dipping Sauce	Homemade Mac & Cheese
30				
*Pepperoni Calzone				

Fresh Fruit & Veggie Bar available daily with all lunches

**Crispy Chicken Sandwich
Grilled Burgers
A Variety of Fresh Grab and Go salads and wraps**

Daily Choices

Daily Pizza Options

Cheese V	*Pepperoni	Cheese V	*Pepperoni	Cheese V
Crispy Chicken Wrap	*Ham & Cheese Wrap	Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ranch Chicken Wrap
Crispy Chicken Salad**	Caesar Salad **V	Buffalo Chicken Salad**	Chicken Caesar Salad**	Chef Salad**



V=Vegetarian option available
 **Served with a roll
 *Contains or may contain pork ingredients.

Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.



Dixon School District #170
 Reagan/Madison
 SEPTEMBER 2019

Lunch
 Madison RMS
\$2.60
 Milk is included with Meal

Milk
\$ 0.55
 A Variety of Milk is Offered Daily

Arbor A+ Nutrition Mission
 To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
 Tammy Wolf
 twolf@dps170.org
 815-285-8855

Comprehensive nutrition & allergy guides are available in the Foodservice Office.