



Includes fruit and vegetable choices, whole grain breads and rolls and milk.

Daily Special

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL	4 Fiesta Nachos Supreme	5 Home Style Chicken & Noodles w/Biscuit	6 French Toast Sticks w/ Sausage & Syrup	7 Homemade Buffalo Chicken Pizza
10 Parmesan Chicken Melt	11 Soft Shell Tacos w/Shredded Cheese	12 Italian Spaghetti & Meatballs** w/Garlic Bread	13 Mini Corn Dogs w/Spicy Ketchup	14 Cheezy Garlic Flatbread
17 *BBQ Rib Patty Sandwich	18 Taco Pretzel w/Taco Meat & Cheese	19 Char Broiled Salisbury Steak**	20 HALF DAY NO LUNCH SERVED	21 Hot Diggity Dog w/Chili
24 Sloppy Joes On a Bun	25 Fiesta Nachos Supreme	26 Alfredo Chicken Bake w/Garlic Bread	27 Crispy Chicken Tenders** w/Dipping Sauce	28 Stuffed Italian Pizza w/Marinara

Fresh Fruit & Veggie Bar available daily with all lunches

**Crispy Chicken Sandwich
Grilled Burgers
A Variety of Fresh Grab and Go salads and wraps**

Daily Choices

Daily Pizza Options

Cheese V	*Pepperoni	Cheese V	*Pepperoni	Cheese V
Crispy Chicken Wrap	*Ham & Cheese Wrap	Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ranch Chicken Wrap
Crispy Chicken Salad**	Caesar Salad **V	Buffalo Chicken Salad**	Chicken Caesar Salad**	Chef Salad**



V=Vegetarian option available
 **Served with a roll
 *Contains or may contain pork ingredients.
 Menu changes are occasionally necessary. Notice will be given when possible.



Dixon School District #170 Reagan/Madison September 2018

Lunch
2.60 Madison
2.65 RMS

Milk
.55

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
 Tammy Wolf
 twolf@dps170.org
 815-285-8855

Comprehensive nutrition & allergy guides are available in the Foodservice Office.